

GLEN ROCK HIGH & MIDDLE SCHOOL – NOVEMBER 2025



AVAILABLE DAILY

Monday 3	NO SCHOOL FALL BREAK	<i>Deli Central</i>	Assorted Grab & Go Sandwiches		
Tuesday 4	NO SCHOOL ELECTION DAY		Pizzeria Pizza		PIZZA ZONE
Wednesday 5	NO SCHOOL	AMERICAN GRILLE	Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce		
Thursday 6	NO SCHOOL		Pasta with Meatballs & Marinara Sauce		<i>Daily Dish</i>
Friday 7	NO SCHOOL	FRESH FARMISTAND	Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials		

Fruits & vegetables from The Farm Stand are included w/ lunch. **A complete meal includes:** Entrée w/ Protein/Grain, a Trip to The Farm Stand & a Choice of Milk.
All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com.
Menu Subject to Change.



Allergy-Aware menus are available for students with food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



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Monday 10	Homemade Macaroni & Cheese OR Homemade Buffalo Macaroni & Cheese served with Garlic Bread	     	Assorted Grab & Go Sandwiches
Tuesday 11	Popcorn Chicken Bowl with Mashed Potatoes, Cheddar Cheese, Gravy & Sweet Corn		Pizzeria Pizza
Wednesday 12	Beef Nachos with Scoops Tortilla Chips & Brown Rice		Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce
Thursday 13	Burger Bar – 100% Beef Burger OR Impossible Burger on a Bun with Choice of Assorted Toppings served with Chips		Pasta with Meatballs & Marinara Sauce
Friday 14	Stuffed Sandwich with Pizza Crunchers, Boneless Chicken Wings & French Fries served with Chips		Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials

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Monday 17	Personal Pizza	<i>Deli Central</i>	Assorted Grab & Go Sandwiches		
Tuesday 18	Chicken Parmesan on a Kaiser Roll with a side of Pasta		Pizzeria Pizza		PIZZA ZONE
Wednesday 19	Turkey w/ Gravy, Mashed Local Potatoes, Local Cranberry Sauce & a Dinner Roll	AMERICAN GRILLE	Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce		
Thursday 20	Organic Homemade Mac & Cheese w/ Crunchy Topping		Pasta with Meatballs & Marinara Sauce		<i>Daily Dish</i>
Friday 21	Chili Cheese Hot Dog w/ Chips	FRESH FARMISTAND	Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials		

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Monday 24	Cheese-Stuffed Shells with Pink Sauce, Mixed Veggies & Garlic Bread	<i>Deli Central</i>	Assorted Grab & Go Sandwiches		
Tuesday 25	Chicken Soup with a Dinner Roll OR Homemade Baked Ziti		Pizzeria Pizza		PIZZA ZONE
Wednesday 26	EARLY DISMISSAL	AMERICAN GRILLE	Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce		
Thursday 27	NO SCHOOL HAPPY THANKSGIVING		Pasta with Meatballs & Marinara Sauce		<i>Daily Dish</i>
Friday 28	NO SCHOOL	FRESH FARMSTAND	Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials		

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